**All About Me**

My name is

I am (blank) years old.

My birthday is on

My astrological sign is

I live with

My favourite TV show is

My favourite type of music is

My favourite food is

My hobbies include

I have (blank) pet(s), which is/are (blank) named (blank)

My best subject in school is

My least favourite subject in school is

When I have free time I like to

One thing I would like to learn from this course is

**One Word Discussions**

**Step 1:**

Choose one object or thing that describes a **positive** characteristic about you.  Be prepared to share your thoughts with your teacher and peers.

Here are some examples of what type of objects might work:

* A cotton ball could mean that you often say kind words to others;
* A sticker could mean that you like to stick together with your friends;
* A toothpick could mean that you often "pick out" the good qualities in your classmates;
* A bandage could mean that you are good at healing hurt feelings in your friends and in yourself;
* An eraser could mean that you sometimes make mistakes, but you know that's okay;
* A soft drink could mean that you generally have a bubbly, sweet personality.